

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Mannaerts Hans HEADCOACH

Coaches: Verbeek Bram

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BACKSTROKE WOMEN 11+ Heat:14, starttime: 08:55

Heat: 14/26 Lane : 5 Athlete: MICHIELS ANS Q-time: 01:16:41

PB (25m pool): 01:16.41 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:19.85 SB: 01:17.69 Nijlen 16/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.27		01:16.41	
		00:37.27		00:39.14	
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+ Heat:17, starttime: 09:50

Heat: 17/20 Lane : 3 Athlete: KAMAGATE TAMSÍ Q-time: 01:11:06

PB (25m pool): 01:11.06 Mol 28/12/2025 PB (50m pool): 01:14.78 SB: 01:11.06 Mol 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.51		01:11.06	
		00:33.51		00:37.55	
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+ Heat:1, starttime: 10:40

Heat: 1/37 Lane : 3 Athlete: WOJCIK VIKTOR Q-time: 99:99:99

PB (25m pool): no time PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
					

Coach feedback:

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Event number: 17: 100M FREESTYLE MEN 11+					Heat:2, starttime: 10:40
Heat: 2/37 Lane : 2 Athlete: MANNAERTS MARTIJN					Q-time: 01:45:00
PB (25m pool): 01:45.00 Nijlen 16/11/2025					PB (50m pool): 01:49.51 SB: 01:45.00 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.35		01:45.00	
	00:50.35		00:54.65		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:17, starttime: 11:05
Heat: 17/37 Lane : 3 Athlete: MANNAERTS MATHIAS					Q-time: 01:05:21
PB (25m pool): 01:05.21 Mol 28/12/2025					PB (50m pool): 01:06.18 SB: 01:05.21 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.71		01:05.21	
	00:31.71		00:33.50		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:20, starttime: 11:10
Heat: 20/37 Lane : 4 Athlete: JANSSEN LANDER					Q-time: 01:02:19
PB (25m pool): 01:02.19 Mol 28/12/2025					PB (50m pool): 01:03.19 SB: 01:02.19 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.17		01:02.19	
	00:30.17		00:32.02		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:24, starttime: 11:15
Heat: 24/37 Lane : 3 Athlete: MICHIELS PIETER					Q-time: 00:59:52
PB (25m pool): 00:59.21 Beringen 03/03/2024					PB (50m pool): 01:02.19 SB: 00:59.52 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:59.21	
	no time				
					

Coach feedback:

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Event number: 17: 100M FREESTYLE MEN 11+					Heat:27, starttime: 11:20
Heat: 27/37 Lane : 6 Athlete: GERITS TUUR					Q-time: 00:58:46
PB (25m pool): 00:58.46 Hasselt 12/10/2025					PB (50m pool): 00:59.41 SB: 00:58.46 Hasselt 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.66		00:58.46	
	00:28.66		00:29.80		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 11:40
Heat: 4/33 Lane : 4 Athlete: ABAS NOUR					Q-time: 99:99:99
PB (25m pool): 01:36.07 Bree 21/12/2025					PB (50m pool): no time SB: 01:36.07 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.07	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:17, starttime: 12:05
Heat: 17/33 Lane : 1 Athlete: MICHIELS ANS					Q-time: 01:21:64
PB (25m pool): 01:21.48 Mol 29/12/2024					PB (50m pool): no time SB: 01:21.64 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.22		01:21.48	
	00:36.22		00:45.26		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:18, starttime: 12:10
Heat: 18/33 Lane : 6 Athlete: CLUYSEN ZOë					Q-time: 01:20:73
PB (25m pool): 01:18.48 Geel 19/02/2023					PB (50m pool): no time SB: 01:23.42 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.48	
	no time				
					

Coach feedback: